

## **What should I wear?**

(Be aware that children are more susceptible to effects of cold, like frostbite so please plan ahead and bring necessary provisions.)

- Always dress in layers
- The first layer should be a comfortable fabric that will wick sweat away from your body
  - Avoid pure cotton or linen as a base layer
- The second layer should be a knit sweater or sweatshirt
- Add a coat or jacket as the top layer. It's a good idea to have a coat that is waterproof or water-resistant
- Snow pants for skiing or snow-boarding are also good for snowmobiling as they are waterproof or water resistant
- A scarf, neckwarmer, or bavaclava\* is recommended
- Gloves\*, wool socks, sunglasses\*, sunscreen and hot hands\*

\*These items are sold at Cumbres Adventure Tours